Inner Coastal Zone (ICZ) Planning Series

You are invited to participate in a **community planning process** to enhance awareness and stewardship of Uptown's inner coastal zone and its unique assets. The goal of the planning process is to create an **actionable community plan** that will set achievable short- and long-term collective goals for Uptown's inner coastal community, including residents, park users, those who work in the area, and those that transit to the coastal area to access the lakefront and Lake Shore Drive.

The plan will be created through 4 community meetings, starting on 9.8.16 and ending on 10.20.16. We ask that participants come to as many of the meetings as they can. Meetings will include the following components:

- Developing a collective understanding of the history of the Uptown ICZ from many diverse viewpoints
- Creating a shared vision for Clarendon Park and contiguous park areas within the ICZ
- Identifying issues and concerns that currently exist that might impede the vision
- Generating strategies to mitigate issues and concerns
- Creating an actionable plan that moves toward the shared vision and accounts for roadblocks
- Celebrating, documenting, and distributing the collectively created plan for the Uptown ICZ

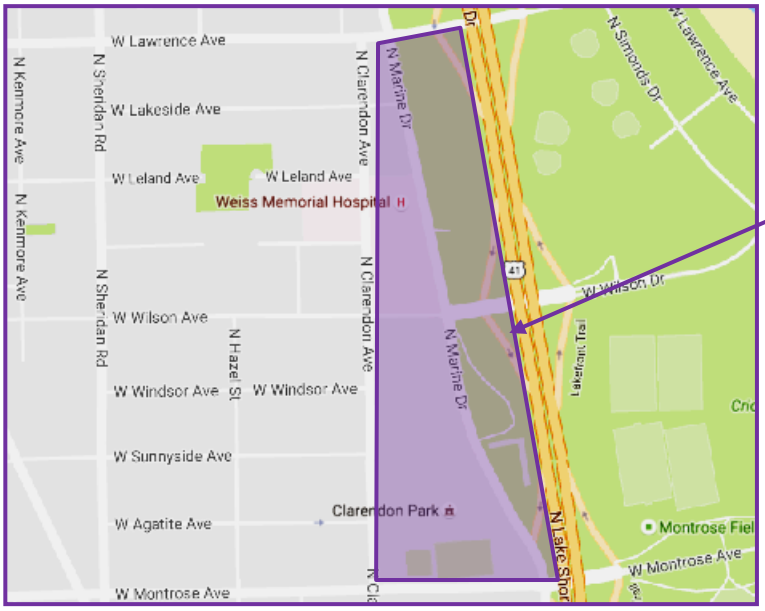
Planning Meeting Dates: 9/8 • 9/22 • 10/6 • 10/20

Every other Thursday

6:00–7:30PM

@ Clarendon Park Field House

4501 N. Clarendon Ave.



Uptown's Inner Coastal Zone

Questions? Contact:
sgandhi@ica-usa.org
773-769-6363 x312

Supported By:

RSVP @ http://bit.ly/2bCpwcK

Organized by:

Riding the Wave of the Uptown Coast

What events, innovations, actions, and people have shaped Uptown and our Coast and our driving our current reality?

9.8.16 – Illinois Coastal Zone Planning Meeting # 1

UPTOWN COASTAL INITIATIVE

		Social Unrest		Policy Responses	Cruise Control		Disruption & Innovation
	1960's	1970's	1980's	1990's	2000's	2010's
Global/Nation	- Vietnam War '66 – '75 - Vietnam War refugee come to Uptown - Woodstock - Social Activism	- Clean Water Act ← Move to the Suburbs (1960-1980) → - Energy Crisis* - First Earth Day: April 22, 1970	- Iran Hostage situation - Jimmy Carter - Reagon-omics - War on Drugs	- American with Disabilities Act (ADA) - Mandatory minimum sentencing (3 strikes) - Increase in interest rates, decrease in housing purchases* - Internet (4)	- 2008 Housing Crash * - 9/11 - Obama Elected / 2008 Acceptance Speech - Katrina*	- Great Lakes Restoration Initiative - Reversal moves from suburbs to city (1990-2016) - Over 50% population over age 50*
Chicago	-Race Riots (1968-69)	- Rainbow Coalition: Unification of Young Lords, Black Panthers & Young Patriots - State institutions to private (Mental health)* - Richard J. Daley Dies	- 'Step by step' gentrification marches through the City - Harold Washing Elected Mayor* - Death of Harold Washington		- Taxes driving people out of Chicago - Lower lake levels and expanded beach space	- Lucas Museum Battle/Defeat - Election of Emanuel* - Centralization of Chicago Police Department * - Uptown Bicyclers/ High percentage of residents - School closings*
Uptown/ Uptown Coast	-Housing divided into multiple units (un-gentrification)* -ICA came to Uptown 1972 -Uptown Theatre and creation of entertainment district - Arson (60's & early 70's) - Building: Uplift High School, Weiss Hospital, Cuneo	- Truman College late 70's - Lack of Master Plan: streets closed, cut off vibrant activity - Uptown one of Chicago's oldest communities (senior pop) - Condo conversions from old apartments begin* - Lakefront plan 1972: proposes closing Wilson to car traffic	- Helen Shiller Alderman* - Council Wars	- 3rd Wave Immigration	- Decrease in supportive resources - Loss of affordable housing to expensive micro housing - Redevelopment of Wilson Yards - New Wilson CTA Station - Gentrification - More diverse than other communities - Schiller's policies on mental health & community services	- Increase in violence - Participatory budgeting passes Leland Greenway through Wilson viaduct - Tent City - Alderman change ← Schiller – Cappleman Aldermanic Eras with differing community investments →

Uptown Inner Coastal Zone Community Planning, 9/22/2016, Session #2, Our Collective Vision

What do we want to see in place in the next 1-2 years that will foster sustainability & health in Uptown's ICZ as a result of our actions?

Robust & Diverse Educational Opportunities	Creative & Progressive Infrastructure	Local & Affordable Food Production	Thriving Economic Initiatives	Peaceful & Accessible Nature Areas	Innovative Waste Management Solutions	Improved Access to the Coast	Local Ecological Engagement & Advocacy
Arts center	Wind turbines	Green jobs for bee keepers	Thriving farmers market	Natural areas "no mow" preserves	Expansion of locally managed compost bins	Maintained public toilets	Active block clubs surrounding ICZ
Modern plant conservatory for study – indoor/outdoor medicinal	Hydropower at pumping station	Fruit & vegetable bearing plants & trees	Pop up bike repairs and activities	Walking paths "gravel" no wheels slow & quiet	Keep garbage bins closed rats	Preserve our beaches from eroding	"environmental" (sustainability) block representatives
Educational facilities or amenities	Solar powered habitation for homeless population	Bee hives	Residents use/Businesses support carpooling app	"nature play" area for children	More recycling centers and reuse plastic bags	Increased, sustained access to OCZ	Increased collaborations between stakeholders
Demos/training in urban gardening skills small plots, container gardens	New parking lot pavers rather than asphalt	Expansion of vegetable gardens	Weekly flea market in Clarendon park parking lot	More wild prairie areas	Composting (multi-purpose)	Signage & traffic calming Lawrence US bike route	
Intergenerational co-mentoring interactions	City's 1st demonstration energy zone	Orchard heirloom native community-based & jobs	Eco district, pilots & jobs	Expanded parkway plantings	composting		
Connection to Audobon for bird migration program	Solar panels on Clarendon park roof						
Uptown intercultural centers – rehearse narrative of Uptown's diversity, story corps booth							
Increased linkages between students and local ecology							
Neighbors knowing what ICZ is							

Uptown Inner Coastal Zone Community Planning, 10/20/2016, Session #4, Working Groups

Promoting Sustainability in and through Projects and Programs

- Tap into existing programs
- Re-institute Weiss farmer's market
- Weekly flea market in Clarendon park parking lot
- Develop farmers market & flea market to build community
- $4.6 million coming to Clarendon Park
- More recycling centers and reuse plastic bags
- U.S. level bike route is high profile asset

Connecting Organizations to Encourage Community Sustainability

- Social justice art & music group: elephant rebellion
- Kuumba lynx arts partner at Clarendon park
- 10-12 arts programs in neighborhood
- Environmental sustainability block representatives
- Increased collaborations between stakeholders
- Existing orgs (gardens, arts, birdwatchers, schools)

Creating Ways to Access Nature

- Peaceful and accessible nature areas
- Natural areas "no mow" preserves
- "nature play" area for children
- Lower risk of pollution
- Improved access to the coast

Uptown Inner Coastal Zone Community Planning, 10/20/2016, Session #4, Working Group Plans for 2017

Promoting Sustainability in and through Projects and Programs

Aim of group: Promoting sustainability through community engagement in and through projects and programs

Milestones/Goals for Year

Q1	Q2	Q3	Q4
Analysis and report of current conditions	Start work on initial project		

Key Action items for Q1

1. Gather info: inventory existing programs and meet with coordinator
2. Expand working group & establish formal communications
3. Analyze conditions to identify initial project(s) for focus

Connecting Organizations to Encourage Community Sustainability

Aim of group:

- Creating opportunities for collaboration in and around Uptown
- relationships

Milestones/Goals for Year

Q1	Q2	Q3	Q4
Identify the key players/organizations in Uptown	Meet & greet - BYOPassion - FUN!!!	Sustaining momentum	Culminating event

Key Action items for Q1

1.Identifying organizations with a stake in Uptown
2.Identify key players in Uptown/Asset map of Uptown relationships
3. Envision possible meet & greet

Creating Ways to Access Nature

Aim of group: Increased visibility of current assets and support to care for and improve our nature areas

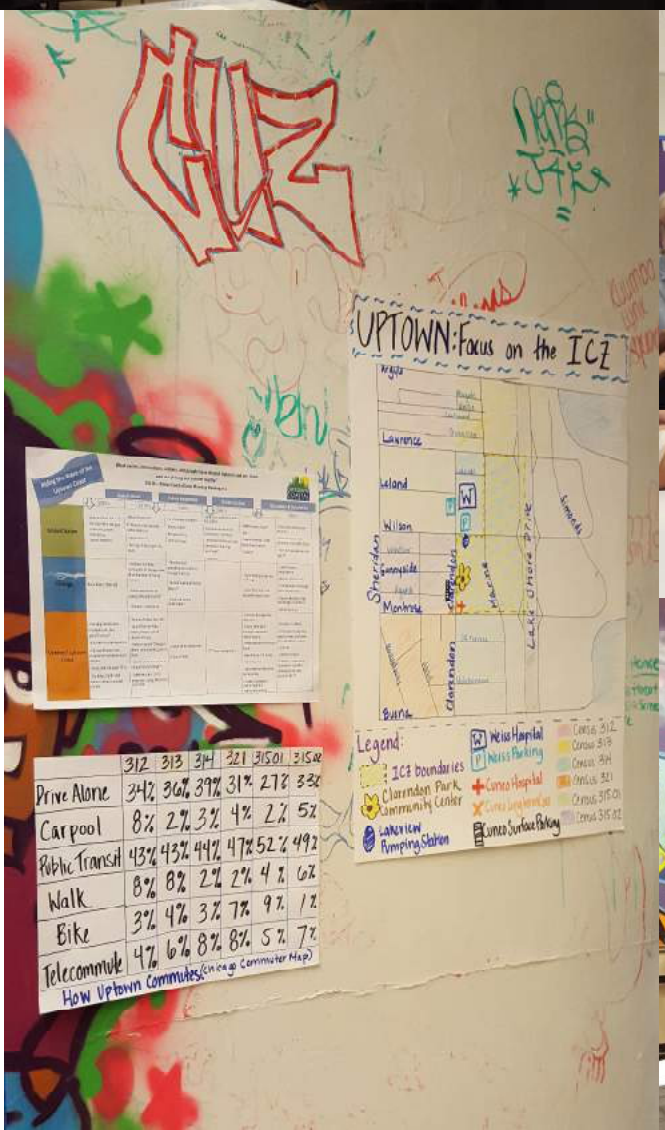
Milestones/Goals for Year

Q1	Q2	Q3	Q4
- Initial outreach - Identify key groups - Identify map/virtual resources	- Mapping with community members & groups - Mapping overlap with garden walk coordination	Garden walk!	- Produce maps & share with community at a launch event

Key Action items for Q1

1. Initial outreach to build our group
2. Define mapping concept, boundaries TBD
3. Identify key groups to engage in the mapping process

What do we want to see in place in the next 1-2 years that will foster sustainability + health in Uptown's ICZ as a result of our actions?



	312	313	314	321	31501	31502
Drive Alone	34%	36%	39%	31%	27%	33%
Carpool	8%	2%	3%	4%	2%	5%
Public Transit	43%	43%	44%	47%	52%	49%
Walk	8%	8%	2%	2%	4%	6%
Bike	3%	4%	3%	7%	9%	1%
Telecommute	4%	6%	8%	8%	5%	7%

Tours

The beauty of Uptown's gardens reflects its diverse and vibrant community members. The First Annual Uptown Garden Walk provides residents an opportunity to explore the various unique identities of the neighborhood. Garden Walk participants will explore gardens that residents and organizations alike have come together to create and maintain throughout the years.

There are three different themes to help give a picture of the different types of gardens that exist in our community. Join one of the Guided Tours at the times listed below, or Guide Yourself using the map, sunrise to sunset.

SIDEWALK GARDENS: 10am at Chase Park, tours the Sheridan Park and Buena Park neighborhoods, showcasing reimagined public spaces like the Sunnyside Mall and Triangle Gardens – and other spaces you might not traditionally think of as 'gardens'.

COASTAL GARDENS: 1pm at Margate Park, tours the original Uptown coastline and highlights beautiful park and community gardens as well as restored native habitat along the lakefront.

HERITAGE GARDENS: 7pm at Winthrop Family Historical Garden, tours Uptown's central corridor and Sheridan Road, showing where Uptown's powerful history meets our present through beautiful deep-roots community gardens.

DIGITAL TOUR:

guide yourself

SUNRISE to SUNSET

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ICA The Institute of Cultural Affairs in the U.S.A.
www.ICA-USA.org

Uptown Coastal Initiative

MAP & BROCHURE DESIGN BY
Sarah Velinsky - svelinsky@gmail.com

Tours and Map

SIDEWALK GARDENS TOUR

10am at Chase Park, 4701 N. Ashland Ave.

1. Chase Park
2. Garden at Stone Soup Coop
3. Garden at Courtenay Language Arts Center
4. Triangle Gardens
5. Sunnyside Mall
6. Truman College
7. Garden at Saint Mary of the Lake Church
8. Ginkgo Garden

COASTAL GARDENS TOUR

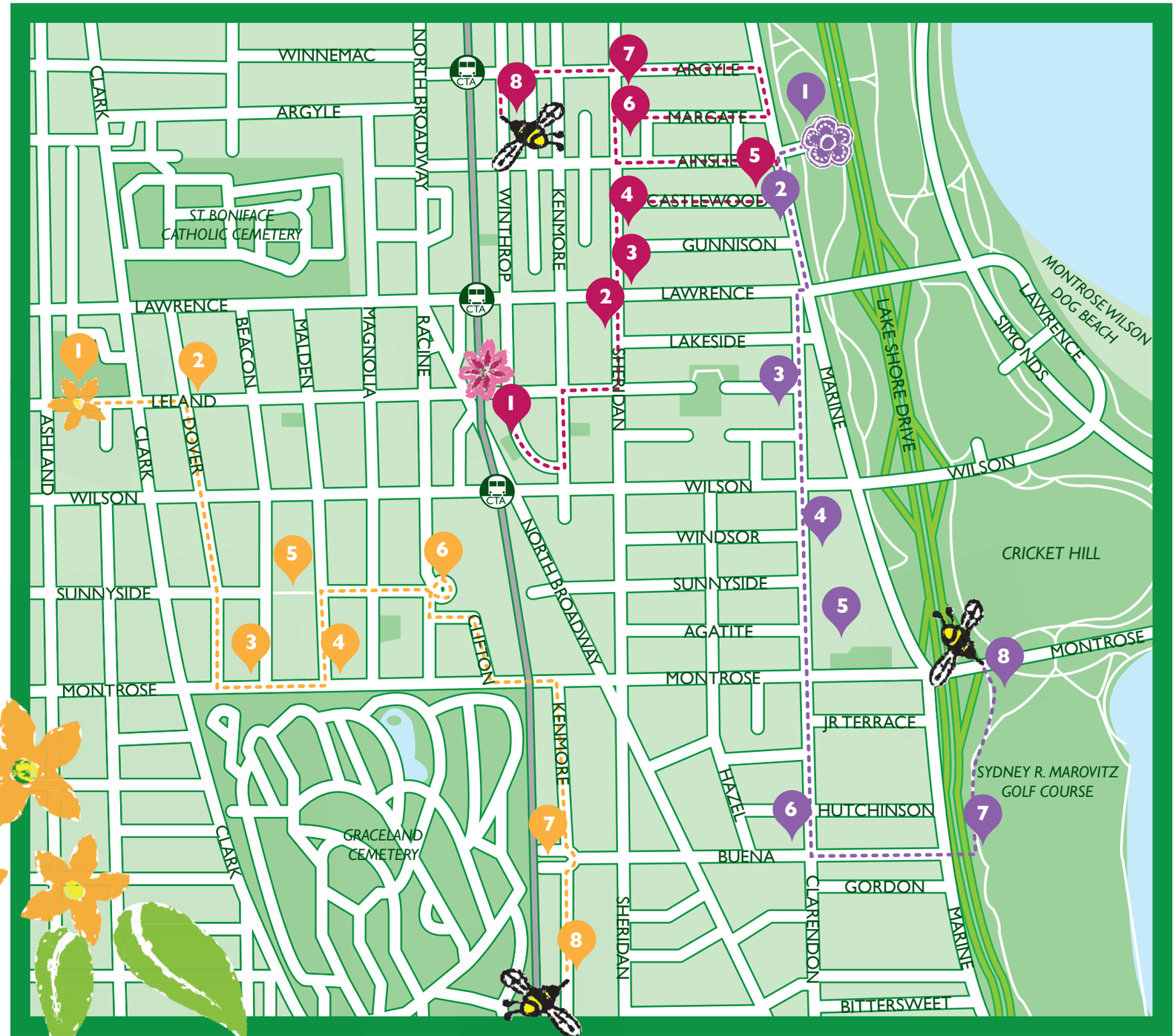
1pm at Margate Park, 4921 N. Marine Dr.

1. Margate Park
2. Castlewood Terrace
3. Weiss Hospital Rooftop Farm
4. Sunshine Garden
5. Clarendon Park Community Garden
6. The Natalie G. Heineman Smart Love Preschool Children's Garden
7. Peace Garden
8. Marovitz Savanna

HERITAGE GARDENS TOUR

7pm at Winthrop Family Historical Garden, 4630 N. Winthrop Ave.

1. Winthrop Family Historical Garden
2. Lumumba Garden
3. Heiwa Terrace Japanese Garden
4. Garden at Uptown Boys & Girls Club
5. Castlewood Terrace
6. Buttercup Park
7. Garden at Castleman Apartments
8. Winthrop Harmony Arts Garden



First Annual Uptown Garden Walk

July 16th 2016

RSVP To:

guide yourself
SUNRISE to SUNSET

Tours

SIDEWALK GARDENS TOUR
10am at Chase Park, 4701 N. Ashland Ave.

COASTAL GARDENS TOUR
1pm at Margate Park, 4921 N. Marine Dr.

HERITAGE GARDENS TOUR
7pm at Winthrop Family Historical Garden
4630 N. Wintrop Ave.

PAPER MAPS AVAILABLE
AT TOUR START POINTS

FIND US ON FACEBOOK
http://bit.ly/UptownGardenWalkFacebook

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climate friendly garden bingo

Mark each box with a star when you have found an example of the feature on the tour. How many climate friendly features can you find?

shade tree that keeps a building cool	mulch	garden with a cultural heritage focus	human-powered tool	renewable energy source
compost bin	where water can soak in (permeable surface)	water source for wildlife	native plant in full sun	a plant used in your favorite family recipe
a place where children and adults learn	wildlife habitat	someone who cares about climate change	a bird	native plant in shade
food source for wildlife	fruit tree or bush	a plant you love	grass clippings left in place	people working together to solve a problem
heirloom vegetable	rain barrel or cistern	vegetable garden	recycling bin	a pleasant place to sit

the answers are all around us

Climate change affects us all—our families, our neighbors and our neighborhoods. The good news is that we all can make a difference. As gardeners, we can adapt our yards to be part of the solution and to be more resilient in a changing climate.

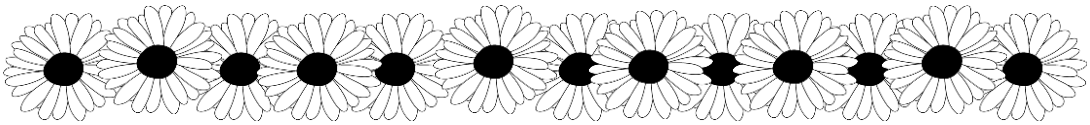
Learn more at http://animaliaproject.org/climate-garden/

animalia project

gardening in a changing climate

Gardeners have been noticing changes in the climate for years. Heavy downpours alternate with dry spells. The growing season is longer. It doesn't cool off so much night. Plant hardiness zones have shifted northward. As the climate changes, the Chicago region will experience dry periods, severe storms, heat waves and overall warmer temperatures.

Try these strategies below to help your garden adapt to the changing climate and to reduce the climate footprint of your garden. Some of these practices act as adaptation and mitigation (reducing greenhouse gas emissions) strategies. And– all these practices are good, sustainable gardening techniques that build soil, conserve water, reduce synthetic chemical inputs and create a more beautiful, bountiful environment.



soil

- test soil before using fertilizer
- skip synthetic fertilizers
- feed soil, not plants
- leave grass clippings on the lawn
- add compost to gardens and lawns
- prevent erosion by reducing water runoff
- avoid tilling
- don't use peat, on its own or in potting soil

water

- aim for a yard independent of irrigation
- use mulch to hold water & reduce weeds
- let the water soak in—bricks, permeable pavers, stepping stones and gravel are good alternatives to concrete and asphalt
- conserve water
- water wisely—in the morning or evening
- collect rainwater in rain barrels

equipment

- use human-powered tools
- share tools with neighbors and friends
- use materials that have small footprints

landscape design

- shrink your lawn
- design with shade & sun to save energy
- grow your own food
- plant native flowers and grasses
- plant trees & shrubs
- plant perennials
- install rain gardens
- watch for invasive plants

food

- grow your own food, or at least a portion of what you eat
- share your surplus with friends or a food pantry
- don't discard the ugly stuff! a few blemishes shouldn't hurt the flavor or nutrition
- save seeds to plant next season
- swap seeds with local gardeners
- trade recipes for seasonal goodness
- extend your vegetable gardening season indoors or with hoop houses

pest management

- take good care of your garden to prevent problems
- rotate crops in your vegetable garden
- mix things up—avoid monocultures where pests thrive
- allow veggies enough room so that fungus doesn't spread
- look for signs of pests so you can deal with problems early on
- decide what level of pests you can live with
- use mechanical methods first—removing pests by hand or with a spray of water
- use pesticides as a last resort, then use the safest ones available

learn more

- learn from people who practice really sustainable gardening
- share what you know
- make friends with neighbors & fellow gardeners
- help each other-- many hands make light work

find out more at http://animaliaproject.org/landscapes-climate

animalia project

First
Walk

First
Annual
Uptown
Garden
Walk