Inner Coastal Zone (ICZ) Planning Series

You are invited to participate in a community planning process to enhance awareness and stewardship of Uptown's inner coastal zone and its unique assets. The goal of the planning process is to create an actionable community plan that will set achievable short- and long-term collective goals for Uptown's inner coastal community, including residents, park users, those who work in the area, and those that transit to the coastal area to access the lakefront and Lake Shore Drive.

The plan will be created through 4 community meetings, starting on 9.8.16 and ending on 10.20.16. We ask that participants come to as many of the meetings as they can. Meetings will include the following components:

- Developing a collective understanding of the history of the Uptown ICZ from many diverse viewpoints
- Creating a shared vision for Clarendon Park and contiguous park areas within the ICZ
- Identifying issues and concerns that currently exist that might impede the vision
- Generating strategies to mitigate issues and concerns
- Creating an actionable plan that moves toward the shared vision and accounts for roadblocks
- Celebrating, documenting, and distributing the collectively created plan for the Uptown ICZ

Planning Meeting Dates: 9/8 • 9/22 • 10/6 • 10/20

Every other Thursday

6:00–7:30PM

@ Clarendon Park Field House

4501 N. Clarendon Ave.

Supported By:

RSVP @ http://bit.ly/2bCpwcK

Questions?
Contact: sganghi@ica-usa.org
773-769-6363 x312
What events, innovations, actions, and people have shaped Uptown and our Coast and our driving our current reality?

9.8.16 – Illinois Coastal Zone Planning Meeting # 1

### Social Unrest

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td><strong>Global/Nation</strong></td>
<td>Vietnam War ‘66 – ’75</td>
<td>Clean Water Act</td>
<td>Iran Hostage situation</td>
<td>American with Disabilities Act (ADA)</td>
<td>2008 Housing Crash</td>
<td>Great Lakes Restoration Initiative</td>
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<td></td>
<td>Woodstock</td>
<td>Energy Crisis</td>
<td>Reagon-omics</td>
<td>Increase in interest rates, decrease in housing purchases</td>
<td>- Obama Elected / 2008 Acceptance Speech</td>
<td>- Over 50% population over age 50</td>
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<tr>
<td></td>
<td>Social Activism</td>
<td>First Earth Day: April 22, 1970</td>
<td>War on Drugs</td>
<td>- Internet (1990s)</td>
<td>- Katrina</td>
<td>- Lucas Museum Battle/Defeat</td>
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<tr>
<td><strong>Chicago</strong></td>
<td>Race Riots (1968-69)</td>
<td>Rainbow Coalition: Unification of Young Lords, Black Panthers &amp; Young Patriots</td>
<td>‘Step by step’ gentrification marches through the City</td>
<td>Taxes driving people out of Chicago</td>
<td>- Elections of Emanuel</td>
<td>- Centralization of Chicago Police Department</td>
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<td></td>
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<td>- State institutions to private (Mental health)</td>
<td>- Harold Washing Elected Mayor</td>
<td>- Lower lake levels and expanded beach space</td>
<td>- Uptown Bicyclers/ High percentage of residents</td>
<td>- Uptown Cyclists/ High percentage of residents</td>
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<tr>
<td></td>
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<td>- Richard J. Daley Dies</td>
<td>- Death of Harold Washington</td>
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<tr>
<td><strong>Uptown/ Uptown Coast</strong></td>
<td>Housing divided into multiple units (un-gentrification)</td>
<td>Truman College late 70’s</td>
<td>- Helen Shiller Alderman</td>
<td>- Decrease in supportive resources</td>
<td>- Increase in violence</td>
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<tr>
<td></td>
<td>- ICA came to Uptown 1972</td>
<td>Lack of Master Plan: streets closed, cut off vibrant activity</td>
<td>- Council Wars</td>
<td>- Loss of affordable housing to expensive micro housing</td>
<td>- Participatory budgeting passes Leland Greenway through Wilson viaduct</td>
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<td></td>
<td>- Uptown Theatre and creation of entertainment district</td>
<td>Uptown one of Chicago’s oldest communities (senior pop)</td>
<td>- 3rd Wave Immigration</td>
<td>- Redevelopment of Wilson Yards</td>
<td>- Tent City</td>
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<td></td>
<td>- Arson (60’s &amp; early 70’s)</td>
<td>Condo conversions from old apartments begin</td>
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<td>- New Wilson CTA Station</td>
<td>- Alderman change</td>
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<td></td>
<td>- Building: Uplift High School, Weiss Hospital, Cuneo</td>
<td>Lakefront plan 1972: proposes closing Wilson to car traffic</td>
<td>- Gentrification</td>
<td>- More diverse than other communities</td>
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<td></td>
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<td></td>
<td>- Helen Shiller Alderman</td>
<td>- Schiller’s policies on mental health &amp; community services</td>
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**Riding the Wave of the Uptown Coast**

**Social Unrest**

**Policy Responses**

**Cruise Control**

**Disruption & Innovation**

- Cruise Control
- Disruption & Innovation
Uptown Inner Coastal Zone Community Planning, 9/22/2016, Session #2, Our Collective Vision
What do we want to see in place in the next 1-2 years that will foster sustainability & health in Uptown’s ICZ as a result of our actions?

<table>
<thead>
<tr>
<th>Robust &amp; Diverse Educational Opportunities</th>
<th>Creative &amp; Progressive Infrastructure</th>
<th>Local &amp; Affordable Food Production</th>
<th>Thriving Economic Initiatives</th>
<th>Peaceful &amp; Accessible Nature Areas</th>
<th>Innovative Waste Management Solutions</th>
<th>Improved Access to the Coast</th>
<th>Local Ecological Engagement &amp; Advocacy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arts center</td>
<td>Wind turbines</td>
<td>Green jobs for bee keepers</td>
<td>Thriving farmers market</td>
<td>Natural areas “no mow” preserves</td>
<td>Expansion of locally managed compost bins</td>
<td>Maintained public toilets</td>
<td>Active block clubs surrounding ICZ</td>
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<tr>
<td>Modern plant conservatory for study – indoor/outdoor medicinal</td>
<td>Hydropower at pumping station</td>
<td>Fruit &amp; vegetable bearing plants &amp; trees</td>
<td>Pop up bike repairs and activities</td>
<td>Walking paths “gravel” no wheels slow &amp; quiet</td>
<td>Keep garbage bins closed rats</td>
<td>Preserve our beaches from eroding</td>
<td>“environmental” (sustainability) block representatives</td>
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<tr>
<td>Educational facilities or amenities</td>
<td>Solar powered habitation for homeless population</td>
<td>Bee hives</td>
<td>Residents use/Businesses support carpooling app</td>
<td>“nature play” area for children</td>
<td>More recycling centers and reuse plastic bags</td>
<td>Increased, sustained access to OCZ</td>
<td>Increased collaborations between stakeholders</td>
</tr>
<tr>
<td>Demos/training in urban gardening skills small plots, container gardens</td>
<td>New parking lot pavers rather than asphalt</td>
<td>Expansion of vegetable gardens</td>
<td>Weekly flea market in Clarendon park parking lot</td>
<td>More wild prairie areas</td>
<td>Composting (multi-purpose)</td>
<td>Signage &amp; traffic calming Lawrence US bike route</td>
<td></td>
</tr>
<tr>
<td>Intergenerational co-mentoring interactions</td>
<td>City’s 1st demonstration energy zone</td>
<td>Orchard heirloom native community-based &amp; jobs</td>
<td>Eco district, pilots &amp; jobs</td>
<td>Expanded parkway plantings</td>
<td>Composting</td>
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<td>Connection to Audobon for bird migration program</td>
<td>Solar panels on Clarendon park roof</td>
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<td>Uptown intercultural centers – rehearse narrative of Uptown’s diversity, story corps booth</td>
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<td>Increased linkages between students and local ecology</td>
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<td>Neighbors knowing what ICZ is</td>
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- Arts center
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- Thriving farmers market
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- Maintained public toilets
- Active block clubs surrounding ICZ

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- Uptown intercultural centers – rehearse narrative of Uptown’s diversity, story corps booth

- Increased linkages between students and local ecology

- Neighbors knowing what ICZ is
- Tap into existing programs
- Re-institute Weiss farmer’s market
- Weekly flea market in Clarendon park parking lot
- Develop farmers market & flea market to build community
- $4.6 million coming to Clarendon Park
- More recycling centers and reuse plastic bags
- U.S. level bike route is high profile asset

- Social justice art & music group: elephant rebellion
- Kuumba lynx arts partner at Clarendon park
- 10-12 arts programs in neighborhood
- Environmental sustainability block representatives
- Increased collaborations between stakeholders
- Existing orgs (gardens, arts, birdwatchers, schools)

- Peaceful and accessible nature areas
- Natural areas “no mow” preserves
- “nature play” area for children
- Lower risk of pollution
- Improved access to the coast
<table>
<thead>
<tr>
<th>Promoting Sustainability in and through Projects and Programs</th>
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<tbody>
<tr>
<td><strong>Aim of group:</strong> Promoting sustainability through community engagement in and through projects and programs</td>
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<tr>
<td><strong>Milestones/Goals for Year</strong></td>
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<tr>
<td><strong>Q1</strong></td>
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<tr>
<td>Analysis and report of current conditions</td>
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</table>

**Key Action items for Q1**
1. Gather info: inventory existing programs and meet with coordinator
2. Expand working group & establish formal communications
3. Analyze conditions to identify initial project(s) for focus

<table>
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<tr>
<th>Connecting Organizations to Encourage Community Sustainability</th>
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<tr>
<td><strong>Aim of group:</strong></td>
</tr>
<tr>
<td>- Creating opportunities for collaboration in and around Uptown</td>
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<tr>
<td>- Relationships</td>
</tr>
<tr>
<td><strong>Milestones/Goals for Year</strong></td>
</tr>
<tr>
<td><strong>Q1</strong></td>
</tr>
<tr>
<td>Identify the key players/organizations in Uptown</td>
</tr>
<tr>
<td>- BYOPassion</td>
</tr>
<tr>
<td>- FUN!!!</td>
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</table>

**Key Action items for Q1**
1. Identifying organizations with a stake in Uptown
2. Identify key players in Uptown/Asset map of Uptown relationships
3. Envision possible meet & greet

<table>
<thead>
<tr>
<th>Creating Ways to Access Nature</th>
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<tbody>
<tr>
<td><strong>Aim of group:</strong> Increased visibility of current assets and support to care for and improve our nature areas</td>
</tr>
<tr>
<td><strong>Milestones/Goals for Year</strong></td>
</tr>
<tr>
<td><strong>Q1</strong></td>
</tr>
<tr>
<td>- Initial outreach</td>
</tr>
<tr>
<td>- Identify key groups</td>
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<tr>
<td>- Identify map/virtual resources</td>
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<tr>
<td>- Mapping overlap with garden walk coordination</td>
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<tr>
<td>- Produce maps &amp; share with community at a launch event</td>
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</tbody>
</table>

**Key Action items for Q1**
1. Initial outreach to build our group
2. Define mapping concept, boundaries TBD
3. Identify key groups to engage in the mapping process
What do we want to see in place in the next 1-2 years that will foster sustainability and health in uptown's IC2 as a result of our actions?
The beauty of Uptown’s gardens reflects its diverse and vibrant community members. The First Annual Uptown Garden Walk provides residents an opportunity to explore the various unique identities of the neighborhood. Garden Walk participants will explore gardens that residents and organizations alike have come together to create and maintain throughout the years.

There are three different themes to help give a picture of the different types of gardens that exist in our community. Join one of the Guided Tours at the times listed below, or guide yourself using the map, sunrise to sunset.

**SIDEWALK GARDENS:** 10am at Chase Park, tours the Sheridan Park and Buena Park neighborhoods, showcasing reimagined public spaces like the Sunnyside Mall and Triangle Gardens — and other spaces you might not traditionally think of as 'gardens'.

**COASTAL GARDENS:** 1pm at Margate Park, tours the original Uptown coastline and highlights beautiful park and community gardens as well as restored native habitat along the lakefront.

**HERITAGE GARDENS:** 7pm at Winthrop Family Historical Garden, tours Uptown’s central corridor and Sheridan Road, showing where Uptown’s powerful history meets our present through beautiful deep-roots community gardens.

**DIGITAL TOUR:**

- Tours and Map
- SUNRISE to SUNSET

MANY THANKS TO OUR SPONSORS

**EVERYBODY’S COFFEE**

**State Farm**

**WEISS**

**Patagonia**

**CorePower Yoga**

**ICA**

**Uptown Coastal Initiative**

MAP & BROCHURE DESIGN BY

Sarah Velinsky - svelinsky@gmail.com
First Annual Uptown Garden Walk

Tours

SIDEWALK GARDENS TOUR
10am at Chase Park, 4701 N. Ashland Ave.

COASTAL GARDENS TOUR
1pm at Margate Park, 4921 N. Marine Dr.

HERITAGE GARDENS TOUR
7pm at Winthrop Family Historical Garden
4630 N. Wintrop Ave.

July 16th, 2016

Guide yourself
SUNRISE to SUNSET

RSVP To:

PAPER MAPS AVAILABLE AT TOUR START POINTS

FIND US ON FACEBOOK

ORGANIZING SPONSORS

UPTOWN COASTAL INITIATIVE
ICA
climate friendly garden bingo

Mark each box with a star when you have found an example of the feature on the tour. How many climate friendly features can you find?

<table>
<thead>
<tr>
<th>shade tree that keeps a building cool</th>
<th>mulch</th>
<th>garden with a cultural heritage focus</th>
<th>human-powered tool</th>
<th>renewable energy source</th>
</tr>
</thead>
<tbody>
<tr>
<td>compost bin</td>
<td>where water can soak in (permeable surface)</td>
<td>water source for wildlife</td>
<td>native plant in full sun</td>
<td>a plant used in your favorite family recipe</td>
</tr>
<tr>
<td>a place where children and adults learn</td>
<td>wildlife habitat</td>
<td>someone who cares about climate change</td>
<td>a bird</td>
<td>native plant in shade</td>
</tr>
<tr>
<td>food source for wildlife</td>
<td>fruit tree or bush</td>
<td>a plant you love</td>
<td>grass clippings left in place</td>
<td>people working together to solve a problem</td>
</tr>
<tr>
<td>heirloom vegetable</td>
<td>rain barrel or cistern</td>
<td>vegetable garden</td>
<td>recycling bin</td>
<td>a pleasant place to sit</td>
</tr>
</tbody>
</table>

the answers are all around us

Climate change affects us all—our families, our neighbors and our neighborhoods. The good news is that we all can make a difference. As gardeners, we can adapt our yards to be part of the solution and to be more resilient in a changing climate.

Learn more at http://animaliaproject.org/climate-garden/
gardening in a changing climate

Gardeners have been noticing changes in the climate for years. Heavy downpours alternate with dry spells. The growing season is longer. It doesn’t cool off so much night. Plant hardiness zones have shifted northward. As the climate changes, the Chicago region will experience dry periods, severe storms, heat waves and overall warmer temperatures.

Try these strategies below to help your garden adapt to the changing climate and to reduce the climate footprint of your garden. Some of these practices act as adaptation and mitigation (reducing greenhouse gas emissions) strategies. And—all these practices are good, sustainable gardening techniques that build soil, conserve water, reduce synthetic chemical inputs and create a more beautiful, bountiful environment.

soil
- test soil before using fertilizer
- skip synthetic fertilizers
- feed soil, not plants
- leave grass clippings on the lawn
- add compost to gardens and lawns
- prevent erosion by reducing water runoff
- avoid tilling
- don’t use peat, on its own or in potting soil

food
- grow your own food, or at least a portion of what you eat
- share your surplus with friends or a food pantry
- don’t discard the ugly stuff! a few blemishes shouldn’t hurt the flavor or nutrition
- save seeds to plant next season
- swap seeds with local gardeners
- trade recipes for seasonal goodness
- extend your vegetable gardening season indoors or with hoop houses

water
- aim for a yard independent of irrigation
- use mulch to hold water & reduce weeds
- let the water soak in—bricks, permeable pavers, stepping stones and gravel are good alternatives to concrete and asphalt
- conserve water
- water wisely—in the morning or evening
- collect rainwater in rain barrels

equipment
- use human-powered tools
- share tools with neighbors and friends
- use materials that have small footprints

landscape design
- shrink your lawn
- design with shade & sun to save energy
- grow your own food
- plant native flowers and grasses
- plant trees & shrubs
- plant perennials
- install rain gardens
- watch for invasive plants

pest management
- take good care of your garden to prevent problems
- rotate crops in your vegetable garden
- mix things up—avoid monocultures where pests thrive
- allow veggies enough room so that fungus doesn’t spread
- look for signs of pests so you can deal with problems early on
- decide what level of pests you can live with
- use mechanical methods first—removing pests by hand or with a spray of water
- use pesticides as a last resort, then use the safest ones available

learn more
- learn from people who practice really sustainable gardening
- share what you know
- make friends with neighbors & fellow gardeners
- help each other—many hands make light work

find out more at http://animaliaproject.org/landscapes-climate